

SCHOOL OF HEALTH AND EXERCISE SCIENCES
SEMINAR SERIES



3-4 p.m., Fri., Jan. 24, 2020, RHS 260

DR. AARON BAGGISH, HARVARD MEDICAL SCHOOL

Exercise and the heart: From not enough to too much.



3-4 p.m., Fri., Feb.28, 2020, RHS 260

DR. TREVOR BIRMINGHAM, WESTERN UNIVERSITY

Knee osteoarthritis: It's not just the load that breaks you, it's the way you carry it



3-4 p.m., Fri., Mar.27, 2020, RHS 260

DR. DAVID COLLINS, UNIVERSITY OF ALBERTA

Utilising physiological principles to reduce contraction fatigability during functional electrical stimulation



3-4 p.m., Fri., Apr.24, 2020, RHS 260

DR. JENNIFER HEISZ, MCMASTER UNIVERSITY

Exercise for brain health



3-4 p.m., Fri., May 22, 2020, RHS 260

DR. KARLA GALAVIZ, EMORY UNIVERSITY

Diabetes prevention approaches: the efficacy and effectiveness of lifestyle modification

Can't join us in person?

Each talk will be streamed live at
hes.ok.ubc.ca/seminarseriesstream

learn more: hes.ok.ubc.ca/seminarseries

